



PROFESSIONAL FITNESS TRAINER

Keeping people healthy and fit



What will I do as a Professional Fitness Trainer?

The Professional Fitness Trainer Program offers students the opportunity to obtain the knowledge, skills, and techniques needed to function as a trainer in the fitness industry. As a Professional Fitness Trainer, you will be able to instruct or coach groups or individuals in exercise activities, demonstrate technique and form, observe participants, and explain to them corrective measures necessary to improve their skills.

What careers are available after I graduate?

According to Bureau of Labor Statistics, the job market for fitness trainers is expected to increase 29% over the next decade between 2008 and 2018.

As a graduate of the Professional Fitness Trainer Program, you may be employed by a gym, physical fitness center, or in wellness or rehabilitation centers. Professional Fitness Trainers can also work as independent personal fitness trainers, and possibly start their own business.

For more information about graduation rates, the median debt of students who completed the programs, and other important information, visit www.glendalecareer.com/gainful-employment



GLENDALE
CAREER
COLLEGE

glendalecareer.com | 818.243.1131

240 N. Brand Blvd.
(lower level)
Glendale, CA 91203



Proudly accredited and/or recognized by the following organizations:

